

CHANGES TO MIDWIFERY CLINIC AND HOSPITAL VISITS

Clinic visits and Postpartum home visits will be adjusted to reflect recommendations of the Association of Ontario Midwives and the World Health Organization. It is aimed at reducing your risk of exposure to COVID-19 by conducting essential visits in-person only.

We will begin to utilize a combination of telephone/virtual assessments and in-person assessments for the care of our clients. Your midwife will review this at your upcoming appointments. Postpartum visits may also be less frequent than previously planned, with some as telephone/virtual assessments. Please be assured that more appointments will be scheduled if clinically necessary. We want to ensure that our clients and their babies' well-being is our top priority.

We are asking clients to attend clinic appointments alone, or with their baby only. Please stay 2 meters away from other people. If you have mild respiratory symptoms, please do not come to clinic. Instead, call ahead and make alternate arrangements with your midwife. If you have severe breathing difficulties (or any other emergency), please call 9-1-1. If you have respiratory symptoms AND have traveled to an area impacted by COVID-19 in the 14 days prior to the onset of your symptoms, or have had close contact with a person with symptoms and a travel history, please call public health at 3-1-1.

Birthing Suite at Milton District Hospital

Everyone will be screened for COVID-19 risk factors before entering the hospital. If visitors pass, they may also be rescreened on the unit they are visiting.

The Birthing Suite at Milton District Hospital is restricting visitors to one consistent support person only per woman in labour and no children under 16 years old.

Your support person will not be able to accompany you into the Birthing Suite until you are admitted. This means you must attend any clinical assessments done at Milton District Hospital prior to active labour alone with the support of your midwife. Once admitted the support person will be able to join. Please be aware that in and out privileges for the support person are not allowed. We recommend your support person packs adequate food, clothing and essentials for a two-day stay along with your own things.

Home Assessments

We are offering initial labour assessments at home, with the option of moving to the hospital for admission when in active labour, so that the support person can be present.

We continue to offer home birth to low-risk clients. If you are considering a home birth, please talk with your midwife about preparations.

Please visit our website and review the Resources posted regularly to help keep you informed about COVID-19 and pregnancy and any changes and updates to clinic and hospital policies.